

Tracey Lee Naturopathic Centre

Tracey Lee Morley N.D. D.B.M. M.A.T.M.S. M.N.H.A.A.
Naturopath/Homoeopath/Herbalist
3 Alkina Ave/P.O. Box 5040 Port Macquarie 2444
ph 02 6582 3424
mobile 0429356093

Dear

We are looking forward to meeting you for your initial health appraisal. This is to confirm your appointment and to inform you of some necessary pre-appointment requirements.

By making this appointment, you have indicated your health is important to you. Your health and wellbeing is our clinic's priority, as your initial appointment is predominantly to assess your health status and goals I have included for you a pre-appointment pack. This will help me to accurately determine your current level of health and best determine your health background. Having done this, and after seeing you in person, I can then put together a treatment regime that will give you the best possible results, and present to you a time frame and approximate cost involved.

Your pack includes:

- A Health Appraisal Questionnaire (see attached pages). Every question here needs to be completed, even if they seemingly repeat themselves. *Please bring this form with you.* Alternatively you can do the Health Appraisal Questionnaire on-line at <http://www.metagenics.com.au/haq>. (my practitioner number is 5086). I can access your completed form on-line.
- Two other one page questionnaires (DAAS and Context of Care) are included (these cannot be done on-line). *Please complete these and bring to you appointment.*
- Clinic directions; from Pacific Drive at the park at Nobby's beach turn into Leanda Ave. Alkina Ave is the second street on left. Number 3 on the right side of road next house after the corner house. Clinic entrance is at the back, walk up the left side of the house.

Pre-consultation Instructions

Please arrive 5mins early to give you time to fill out a person detail form. In order to attain the most accurate results you are required to drink at least 500mls of pure water in the hours prior to your appointment and please no alcohol the night before.

Your Initial Appointment

We, at Tracey Lee Naturopathic Centre, take your health very seriously. Your initial appointment will take up to 40minutes. Preliminary tests will be performed and during the consultation we will discuss your health goals. This will allow me, at

your follow up appointment, to give up a report of the findings and to develop a treatment plan for you.

The Tracey Lee Naturopathic Centre is a busy clinic. If for some reason you need to reschedule your appointment, we require 24hours notice. In consideration for others, this allows us time to schedule in patients from our waiting list.

Tracey Lee Morley has 20years experience as a natural therapist, is fully trained and registered with health practitioner associations. If you have private health cover your consultations may be covered.

If you have further questions regarding your consultation or our clinic, please don't hesitate to call.

Yours sincerely

Tracey Lee Morley